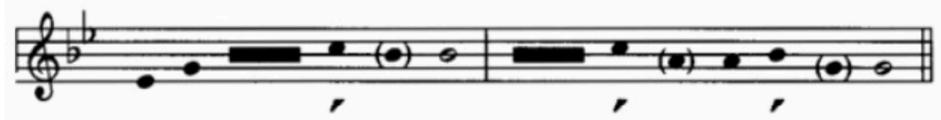




## The Psalm 121 *Levavi oculos*



- 1 *I lift up my eyes to the hills; \*  
from where is my help to come?*
- 2 *My help comes from the LÓRD, \*  
the máker of héaven and earth.*
- 3 *He will not let your fóot be moved \*  
and he who watches over you wíll not fáll asleep.*
- 4 *Behold, he who keeps watch over Ísrael \*  
shall neither slumber nór sleep;*
- 5 *The LORD himself watches óver you; \*  
the LORD is your sháde at your ríght hand.*
- 6 *So that the sun shall not strike yóu by day, \*  
—nór the móon by night.*
- 7 *The LORD shall preserve you from all évil; \*  
it is hé who shall kéeep you safe.*
- 8 *The LORD shall watch over your going out and your cóming in, \*  
from this time fórth for évermore. [Ant.]*

## The Epistle Romans 4:1-5, 13-17

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many na-

tions”)—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Reader: The Word of the Lord.

People: *Thanks be to God.*

## The Sequence Hymn

“The great Creator of the worlds”

Hymnal 489

### ✠ The Holy Gospel of our Lord Jesus Christ According to Saint John 3:1-17

[Stand as able.]

People: *Glory be to thee, O Lord.*

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from above.” Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, ‘You must be born from above.’ The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” Nicodemus said to him, “How can these things be?” Jesus answered him, “Are you a teacher of Israel, and yet you do not understand these things?

“Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

Celebrant: The Gospel of the Lord.

People: *Praise be to thee, O Christ.*

## The Sermon [seated]

Fr. Benjamin George-Thoms

## The Nicene Creed [Stand as able.]

Prayer Book 326

*We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.*

*We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,*



*Celebrant*

Let us give thanks un - to our Lord God.

*People*

It is meet and right so to do.

*Then, facing the Holy Table, the Celebrant proceeds*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

*Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.*

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

***Sanctus and Benedictus:*** Holy, holy, holy [*Music is in the pews.*]

### **The Eucharistic Prayer** (Prayer I)

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **Amen.**

And now, as our Savior Christ hath taught us, we are bold to say,

**The Lord's Prayer** [Music is in the pews.]

Prayer Book 336

### **The Breaking of the Bread**

*The Celebrant breaks the consecrated Bread. A period of silence is kept.*

*Agnus Dei (Lamb of God)* [Music is in the pews.]

Prayer Book 337

*The Celebrant continues and all pray*

***We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.***

Celebrant: The Gifts of God for the People of God.

*If you have been baptized with water in the name of the Father, and of the Son, and of the Holy Spirit; you are welcome to receive Holy Communion.*

**Communion Hymn** [Stand as able.]

“Let thy Blood in mercy poured”

Hymnal 313

**The Postcommunion Prayer** [Kneel as able.]

Prayer Book 339

Celebrant: Let us pray.

*Celebrant and People*

***Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.***

### **Solemn Prayer over the People**

Keep this thy family, Lord, with thy never-failing mercy, that relying solely on the help of thy heavenly grace, they may be upheld by thy divine protection; through Christ our Lord. **Amen.**



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## **Saint John's Episcopal Church**

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The Reverend Benjamin George-Thoms, Rector

Kevin Grice, Director of Music

Mark O'Dell, Senior Warden

Linda Robertson, Junior Warden

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