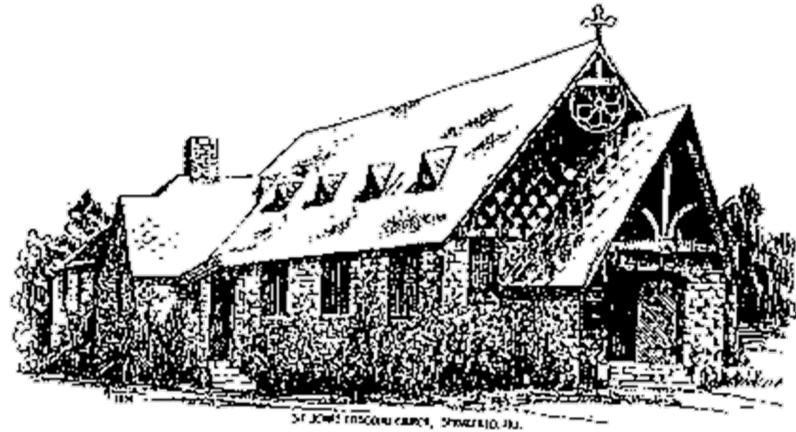


The Third Sunday in Lent
Mass ~ Rite I ~ Year A
March 7, 4:00 p.m. & March 8, 2026, 10:30 a.m.



Saint John's Episcopal Church

515 E. Division Street, Springfield, MO 65803, (417) 869-6351

The Right Reverend Amy Dafler Meaux, Bishop
The Reverend Benjamin George-Thoms, Rector
Kevin Grice, Director of Music
Mark O'Dell, Senior Warden
Linda Robertson, Junior Warden

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THE LITURGY OF THE WORD

Introit *Mine eyes are ever looking unto the LORD, for he shall pluck my feet out of the net:
look thou upon me, and have mercy upon me, for I am desolate and in misery
Unto thee, O LORD, do I lift up my soul: my God, in thee have I trusted, let me not be confounded.
Glory be....*

[standing]

Opening Hymn

“My song is love unknown”

Hymnal 458

The Penitential Order

Prayer Book 319

Opening Salutation

Prayer Book 323

Celebrant: Bless the Lord who forgiveth all our sins.

People: *His mercy endureth for ever.*

Confession of Sin

Prayer Book 320

Kyrie eleison *[Music is in the pews.]*

Celebrant: Lord, have mercy upon us.

People: *Lord, have mercy upon us.*

Celebrant: Christ, have mercy upon us.

People: *Christ, have mercy upon us.*

Celebrant: Lord, have mercy upon us.

People: *Lord, have mercy upon us.*

Celebrant: The Lord be with you.

People: *And with thy spirit.*

Celebrant: Let us pray.

Collect of the Day *[Kneel as able]*

Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

[seated]

The First Lesson Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, “Give us water to drink.” Moses said to them, “Why do you quarrel with me? Why do you test the Lord?” But the people thirsted there for water; and the people complained against Moses and said, “Why did you bring us out of Egypt, to kill us

and our children and livestock with thirst?” So Moses cried out to the Lord, “What shall I do with this people? They are almost ready to stone me.” The Lord said to Moses, “Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.” Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, “Is the Lord among us or not?”

Reader: The Word of the Lord.

People: *Thanks be to God.*

The Psalm 95 *Venite exultemus*



- 1 *Come, let us sing to the LÓRD; **
let us shout for joy to the Rock of our / salvátion.
- 2 Let us come before his presence with thanksgiving *
and raise a loud shout / to hím with psalms.
- 3 For the LORD is a gréat God, *
and a great King a/bove áll gods.
- 4 In his hand are the caverns of the éarth, *
and the heights of the hills are / his álso.
- 5 The sea is his, for he máde it, *
and his hands have molded / the drý land.
- 6 Come, let us bow down, and bénd the knee, *
and kneel before the LORD / our Máker.
- 7 For he is our God,
and we are the people of his pasture and the sheep of his hánd. *
Oh, that today you would hear/ken tó his voice!
- 8 Harden not your hearts,
as your forebears did in the wílderness, *
at Meribah, and on that day at Massah,
when / they témped me.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. *Amen.*

And now, as our Savior Christ hath taught us, we are bold to say,

The Lord's Prayer [*Music is in the pews.*]

Prayer Book 336

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Agnus Dei (Lamb of God) [*Music is in the pews.*]

Prayer Book 337

The Celebrant continues and all pray

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

Celebrant: The Gifts of God for the People of God.

If you have been baptized with water in the name of the Father, and of the Son, and of the Holy Spirit; you are welcome to receive Holy Communion.

Communion Hymn [*Stand as able.*] “Shepherd of souls, refresh and bless”

Hymnal 343

The Postcommunion Prayer [*Kneel as able.*]

Prayer Book 339

Celebrant: Let us pray.

Celebrant and People

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

Solemn Prayer over the People

Keep this thy family, Lord, with thy never-failing mercy, that relying solely on the help of thy heavenly grace, they may be upheld by thy divine protection; through Christ our Lord. *Amen.*

Closing Hymn [*Stand as able.*]

“Guide me, O thou great Jehovah”

Hymnal 690

Dismissal

Prayer Book 339

Then, facing the Holy Table, the Celebrant proceeds

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Sanctus and Benedictus: Holy, holy, holy *[Music is in the pews.]*

The Eucharistic Prayer (Prayer I)

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, “Take, eat, this is my Body, which is given for you. Do this in remembrance of me.”

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, “Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me.”

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ’s holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

9 They put me to the tésť, *
though they / had séen my works.

10 Forty years long I detested that generation and sáid, *
“This people are wayward in their hearts;
they do / not knów my ways.”

11 So I swore in my wráth, *
“They shall not enter / intó my rest.” *[Ant.]*

The Epistle Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God’s love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader: The Word of the Lord.

People: *Thanks be to God.*

The Sequence Hymn

“Rock of ages”

Hymnal 685

✠ **The Holy Gospel of our Lord Jesus Christ According to Saint John 4:5-42**

[Stand as able.]

People: *Glory be to thee, O Lord.*

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob’s well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, “Give me a drink.” (His disciples had gone to the city to buy food.) The Samaritan woman said to him, “How is it that you, a Jew, ask a drink of me, a woman of Samaria?” (Jews do not share things in common with Samaritans.) Jesus answered her, “If you knew the gift of God, and who it is that is saying to you, ‘Give me a drink,’ you would have asked him, and he would have given you living water.” The woman said to him, “Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?” Jesus said to her, “Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty.

The water that I will give will become in them a spring of water gushing up to eternal life.” The woman said to him, “Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.” Jesus said to her, “Go, call your husband, and come back.” The woman answered him, “I have no husband.” Jesus said to her, “You are right in saying, ‘I have no husband’; for you have had five husbands, and the one you have now is not your husband. What you have said is true!” The woman said to him, “Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem.” Jesus said to her, “Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.” The woman said to him, “I know that Messiah is coming” (who is called Christ). “When he comes, he will proclaim all things to us.” Jesus said to her, “I am he, the one who is speaking to you.” Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, “What do you want?” or, “Why are you speaking with her?” Then the woman left her water jar and went back to the city. She said to the people, “Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?” They left the city and were on their way to him. Meanwhile the disciples were urging him, “Rabbi, eat something.” But he said to them, “I have food to eat that you do not know about.” So the disciples said to one another, “Surely no one has brought him something to eat?” Jesus said to them, “My food is to do the will of him who sent me and to complete his work. Do you not say, ‘Four months more, then comes the harvest’? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.” Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

Celebrant: The Gospel of the Lord.
 People: *Praise be to thee, O Christ.*

The Sermon *[seated]*

Dr. Victor Matthews

The Nicene Creed *[Stand as able.]*

Prayer Book 326

*We believe in one God,
 the Father, the Almighty,
 maker of heaven and earth,
 of all that is, seen and unseen.*

*We believe in one Lord, Jesus Christ,
 the only Son of God,
 eternally begotten of the Father,
 God from God, Light from Light,
 true God from true God,
 begotten, not made,
 of one Being with the Father.
 Through him all things were made.*

*For us and for our salvation
 he came down from heaven:
 by the power of the Holy Spirit
 he became incarnate from the Virgin Mary,
 and was made man.*

*For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried.
 On the third day he rose again
 in accordance with the Scriptures;
 he ascended into heaven
 and is seated at the right hand of the Father.
 He will come again in glory to judge the living and the dead,
 and his kingdom will have no end.*

*We believe in the Holy Spirit, the Lord, the giver of life,
 who proceeds from the Father and the Son.
 With the Father and the Son he is worshiped and glorified.
 He has spoken through the Prophets.
 We believe in one holy catholic and apostolic Church.
 We acknowledge one baptism for the forgiveness of sins.
 We look for the resurrection of the dead,
 and the life of the world to come. Amen.*

[kneeling]

The Prayers of the People

Prayer Book 328

The Peace

Celebrant: The Peace of the Lord be always with you.
 People: *And with thy spirit.*

THE HOLY COMMUNION

The Offertory

Anthem
Offertory Hymn

“Go Not Far From Me, O God”
 “Come, thou fount of every blessing”

Niccolo Antonio Zingarelli
 Hymnal 686

The Great Thanksgiving

Prayer Book 333

In this prayer, the lines in bold italics are sung by the People.

The musical notation consists of four staves, each with a treble clef and a key signature of one flat (B-flat). The lyrics are written below the notes. The first staff is for the Celebrant, and the second is for the People. The third staff is for the Celebrant, and the fourth is for the People. The lyrics are: "The Lord be with you. And with thy spirit. Lift up your hearts. We lift them up unto the Lord. Let us give thanks unto our Lord God. It is meet and right so to do."